

**Behavioral Health Advisory Council
Pierre, South Dakota**

November 17, 2016

Advisory Council Members Present:

Joyce Glynn	Lois Knoke
LeLewis Gipp	Ellen Washenberger
Emily Williams	Chuck Frieberg
Bernie Grimme	Belinda Nelson
Dianna Marshall	Christy Alten-Osmera
Kristi Bunkers	Phyllis Arends
Susan Kornder	Kori Kromminga
Susan Sandgren	Katherine Jaeger
Ann Larsen	Jayne Parsons
Daniel Dosch	

Advisory Council Members Absent:

Lorraine Polak	Roseann Peterson-Olson
Tiffany Wolfgang	Jane York
Sheila Weber	

**Division of Behavioral Health Staff
Present:**

Stacy Bruels	Melanie Boetel
Jennifer Humphrey	

Others in Attendance:

Troy Jones, HSC

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

November 17, 2016 the Behavioral Health Advisory Council meeting was called to order.

II. Review and Approval of Meeting Minutes

The Council reviewed the August 2016 meeting minutes. No proposed changes were recommended. Bernie Grimme moved to approve. Lois Knoke seconded the motion. All in favor, motion carried.

III. Bylaws & Membership

Bylaws

The Council reviewed the proposed changes to the Bylaws, which were discussed at the

Council meeting in August 2016. Bernie Grimme moved to approve. Ellen Washenberger seconded the motion. All in favor, motion carried.

Member Terms – Expiring October 30, 2016

Members interested in serving another term were submitted to the Governor for his consideration and were re-elected on November 4, 2016.

- Susan Sandgren – Director of a Community Mental Health Center
- Sheila Weber – Representative of a psychiatric residential treatment program.
- LeLewis Gipp – Adult recovering from substance abuse with a preference for an individual 18-29 years-old.
- Daniel Dosch – Family member of a youth with a serious emotional disturbance with a preference for a family member representing a youth between the ages of 12-18.
- Jane York – Family member of an adult with a serious mental illness who is a member of a mental health advocacy organization.
- Katherine Jaeger – Family member of a child who is or has received services from a psychiatric residential treatment center.

Vacant Positions

- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.
- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.
- A youth with SED and/or SUD or a youth who has a sibling with an SED or SUD.

A nominee for one family position representing a child between the ages of 5 and 12 was submitted to the Governor for his consideration in late October. The Division of Behavioral Health is awaiting a response.

A nominee was interviewed for the other family position representing a child between the ages of 5 and 12, but her children are in their early 20's. The Council agreed to proceed with submitting the nominee to the Governor for this consideration.

It was requested that the Council assist in seeking potential interested person for the open youth position. Council members were asked to email Jennifer Humphrey with names and contact information.

IV. Human Services Update (HSC)

Troy Jones, HSC Hospital Administrator, provided an update regarding HSC. Troy discussed HSC's "rapid hire event" which brought 48 potential candidates for hire. During this process, HSC made 25 offers contingent upon references and back ground checks. 15 employees start their employee orientation training on November 21st. Troy also discussed a recent employee engagement survey which received a 60% response rate. An improvement plan will be developed based on the survey results and implemented within a six month period. Another survey will be completed after that time.

V. Sub-councils

Gib Sudbeck, Prevention Program Manager for the Division of Behavioral Health, conducted a presentation regarding three sub-councils now under the umbrella of the Behavioral Health Advisory Council.

Partnership for Success (PFS) Grant

- Gib started out the presentation by giving an overview of the Prevention system in the State which includes 23 accredited prevention providers and coalitions, 3 prevention resource centers and 10 community based suicide prevention coalitions.
- The PFS grant runs from 9/30/14 to 09/29/2019 and it is for \$1,380,000 a year for Five years.
- We are currently in the 3rd year of the grant.
- Currently focusing on 30 day alcohol use, binge drinking and the past 30 day nonmedical use of prescription drugs.
- 14 coalitions are implementing evidence based programs in communities and schools across the state.
- Data from the CDC High school risk behavior survey shows SD has decreased the 30 day alcohol use and the binge drinking rate for 9-12 year olds below the national average.

South Dakota Youth Suicide Prevention (SDYSPP) Grant

- The grant started on 09/30/2015 and ends on 09/29/2019 for \$736,000 a year for five years with the target population for the grant youth ages 10-24.
- Currently in the 3rd year of the grant.
- Training in a variety of suicide prevention curriculums are funded through the grant.
- Follow-up programming for individuals who have attempted suicide or who have suicidal ideations are also fundable under the grant. Currently both Avera and Regional are participants in the follow-up program and have enrolled 437 individuals since the grant started. The plan is to bring the HSC psychiatric facility on board in December 2016.
- Suicide Awareness programming and Crisis texting programming at three universities – University of Sioux Falls, Augustana University and South Dakota State University. To date 116 crisis texts have been sent to the Helpline Center.
- Grant funds also support 10 local Suicide Prevention Coalitions across the State.

Screening, Brief Intervention and Referral to Treatment (SBIRT) Grant

- The grant runs from 9/30/2016 to 9/29/2021 and it is for \$1,658,375 a year for 5 years with the target population for the grant adults over the age of 18.
- The goal of the grant is to provide screenings in substance use and behavioral health issues at a patients annual visit to the clinic.
- Based on the screening results, if a patient is experiencing problems related to substance abuse or mental health issues, they are referred to either a brief intervention or a brief treatment programming, and if dependency issues or suicidal ideations exist, they are case managed into community based services.
- The project will begin with 2-3 Avera clinics in Sioux Falls and move to other clinics in the Central and Western parts of the State by year 5 of the grant.

VI. Behavioral Health System Update

Fiscal Reports

Stacy Bruels provided an overview of the first quarter report for FY 2017 regarding the amount expended for contract and Medicaid services by area.

Block Grant

Melanie Boetel and Gib Sudbeck discussed the Mental Health and Substance Abuse Block Grant 2016 Annual Reports and related priority indicators.

Technical Assistance Request

Melanie Boetel provided an update regarding the technical assistance requested through the Substance Abuse and Mental Health Services Administration (SAMHSA) for methamphetamine/opioid addiction treatment. SAMHSA provided a list of six potential experts to choose from. The selection of an expert will be approached in two different ways; clinical expertise in methamphetamine evidence-based practices and expertise in overall system data collection, contracting and provider/state relationships.

Methamphetamine Awareness Campaign

Gib Sudbeck provided an update to the “Meth Changes Everything” awareness campaign. The goal of the grant is to reach 100 schools and communities. Outreach continues to be scheduled while some outreach has already been completed throughout the state. Satisfaction surveys, pre and post tests are utilized to determine the community’s knowledge base. Once outreach has occurred, it is the expectation that an action plan will be developed within their community.

A website has been developed that include school and community specific videos, information on the dangers of meth and resources available in the State for individuals who are using meth. To date, 7,712 people have visited the site. For more information visit:

<http://methchangeseverything.com/>

Dialectical Behavior Therapy (DBT)

Melanie Boetel announced that expansion with additional trainings is currently being evaluated to move beyond the Community Mental Health Centers, HSC and 34 correctional mental health professionals have already been trained in DBT.

Motivational Interviewing

Melanie Boetel provided an update regarding the Motivational Interviewing training being conducted by the Addiction Technology Transfer Center (ATTC). In FY 17 there will be two level I (October-November), two level II (January-February), and a train the trainer (March). A total of 50 staff will be trained in Motivational Interviewing in FY17. The train the trainer in March will consist of Criminal Justice Initiative Providers (20 staff).

Juvenile Justice Reinvestment Initiative (JJRI)

Melanie Boetel provided an update on JJRI. The JJRI Implementation Workgroup met on November 10th to discuss progress in Functional Family Therapy (FFT) and plans to move to Phase 2. In Phase 2, providers will be trained to offer additional services, currently identified as Moral Reconnection Therapy and Aggression Replacement Training.

Governor’s 2017 Budget Address

Governor Dugaard will give his annual budget address on Tuesday, Dec. 6th, at 1:00 p.m. CDT.

South Dakota Public Broadcasting will broadcast the speech live on SDPB1 TV, SDPB Radio and SDPB.org/live. The budget address will re-air on SDPB1 TV at 10:00 p.m. CDT and be archived on SDPB's website.

Task Force on Community Justice and Mental Illness Early Intervention

To view the Task Force Final Report, visit:

<https://mentalillnesscommunityjustice.sd.gov/meetings.aspx>

VII. Future Meetings

The next Council meeting will be scheduled either the end of March or the beginning of April 2017 in Pierre. More information will come at a later date.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

VIII. Adjourn

Meeting was adjourned.